BRITISH DRESSAGE

Introductory

B

Arena 20m x 40m

Approximate time 3 minutes

2009

1	A C	Enter in working trot and proceed down the centre line without halting Track right	10	Straightness, evenness of contact, balance Regularity, tempo, freedom
2	A X	Half circle 20 metre right to X Half circle 20 metre left to C	10	Balance, bend, size, shape
3	E B	Turn left Turn right	10	Regularity, tempo, freedom
4	A AK	Transition to medium walk Medium walk	10	Fluency, balance, contact Regularity, purpose, relaxation, freedom
5	KXM	Change the rein in a free walk on a long rein	10 x 2	Regularity, purpose, relaxation, stretching forwards & down, ground cover, suppleness of whole body
6	M Between M & C	Medium walk Working trot	10	Regularity, purpose, relaxation, freedom Fluency, balance, contact
7	HXF	Change the rein in working trot	10	Regularity, tempo, freedom
8	A	Circle right 20 metres and allow the horse to stretch, taking up the reins before returning to A	10	Regularity, tempo, freedom Suppleness & balance in stretching
9	KXM	Change the rein in working trot	10	Regularity, tempo, freedom
10	MH Between H & E	Working trot Medium walk	10	Regularity, tempo, freedom Fluency, balance, contact
11	EX X	Half circle 10 metres in diameter Proceed down the centre line	10	Balance, bend, size, shape Straightness, evenness of contact, balance
12	Between X & G	Halt. Immobility. Salute.	10	Balance, acceptance of halt
		Leave the arena in a free walk on a long rein where appropriate		

	Collective Marks	
13	**Paces** Correct footfalls, regularity, suitable and consistent tempo	10 X 2
14	**Suppleness** Relaxed mentally and physically Works over the back and through neck Follows line of curves equallyto both directions	10 X 2
15	**Contact** Works from behind into a consistent elastic contact	10 X 2
16	**Rider's position** Balance, straightness and correctness	10 X 2
17	**Rider's results** Effectiveness and correctness of aids	10 X 2
	Total Marks	230

All directives include the correctness of pace, rhythm, suppleness, contact, impulsion, straightness, collection & balance. Regularity covers the correct beat e.g. four time walk, two time trot, three time canter. Tempo is the speed of the rhythm.

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