

1	A C MR	Enter in working trot and proceed down centre line Track right Working trot	10	Straightness, evenness of contact, balance Regularity, tempo, freedom
2	RXV VKA	Change the rein in working trot Working trot	10	Regularity, tempo, freedom
3	A AFP	Circle left 20 metres diameter Working trot	10	Balance, bend, shape, size Regularity, tempo, freedom
4	PXS SHC	Change the rein in working trot Working trot	10	Regularity, tempo, freedom
5	C	Circle right 20 metres diameter	10	Balance, bend, shape, size Regularity, tempo, freedom
6	Between C & M MRB	Transition to working canter right Working canter	10	Fluency, balance, contact Regularity, tempo, freedom
7	B BP	Circle right 20 metres diameter Working canter	10	Balance, bend, size, shape Regularity, tempo, freedom
8	Between P & F	Half circle right 20m diameter, returning to the track between K & V	10	Balance, bend, size, shape Regularity, tempo, freedom
9	VXR RMC	Change the rein, after X transition to working trot Working trot	10	Fluency, balance, contact Regularity, tempo, freedom
10	Between C & H HSE	Transition to working canter left Working canter	10	Fluency, balance, contact Regularity, tempo, freedom
11	E EV	Circle left 20 metres diameter Working canter	10	Balance, bend, size, shape Regularity, tempo, freedom
12	Between V & K	Half circle left 20m diameter, returning to the track between F & P	10	Balance, bend, size, shape Regularity, tempo, freedom
13	PXS SH	Change the rein, after X transition to working trot Working trot	10	Fluency, balance, contact Regularity, tempo, freedom
14	Between H & C	Transition to medium walk	10	Fluency, balance, contact
15	CMR	Medium walk	10	Regularity, purpose, relaxation, freedom

16	RK	Change the rein in free walk on a long rein	10 x 2	Regularity, purpose, relaxation, stretching forwards & down, ground cover, suppleness of whole body
	K	Transition to medium walk		
17	KA	Medium walk	10	Regularity, purpose, relaxation, freedom Straightness, fluency, balance of transition Regularity, tempo, freedom
	A	Turn down the centre line		
	D	Transition to working trot, proceeding down the centre line		
18	Between I & G	From working trot a progressive transition through walk to halt, immobility, salute	10	Straightness, fluency, balance of transition, acceptance of halt

Leave the arena in a free walk on a long rein where appropriate

Collective Marks

19	Rhythm	Correct footfalls, regularity, suitable and consistent tempo	10 x 2
20	Suppleness	Relaxed mentally and physically. Works over the back and through neck. Follows line of curves equally in both directions	10 x 2
21	Contact	Works from behind into a consistent elastic contact	10 x 2
22	Rider's position	Balance, straightness and correctness	10 x 2
23	Rider's results	Effectiveness and correctness of aids	10 x 2

Total Marks 290

All directives include the correctness of pace, rhythm, suppleness, contact, impulsion, straightness, collection & balance. Regularity covers the correct beat e.g. four time walk, two time trot, three time canter. Tempo is the speed of the rhythm.

© Published by British Dressage. All rights reserved. No part of this Publication to be reproduced stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior permission of British Dressage. www.britishdressage.co.uk (VER 2 10/16)