



BRITISH DRESSAGE

ADVANCED MEDIUM

91

Arena 20m x 60m

Approximate time 5 ½ minutes

2016

1	A X C	Enter in collected canter Halt, immobility, salute. Proceed in collected trot Track right	10	Regularity, engagement, suppleness, energy. Straightness, the halt, transitions, balance of trot
2	MXK	Medium trot	10	Regularity, lengthening of steps & frame, balance, elasticity. Transitions.
3	KP	Collected trot	10	Regularity, engagement, suppleness, energy.
4	PI	Half pass left	10	Collection, balance, uniform bend, fluency, crossing of legs.
5	I	Half circle left 10m diameter to S	10	Quality of pace, bend, balance
6	SV	Shoulder-in left	10	Balance, bend, constant angle, fluency
7	FXH	Extended trot	10	Regularity, lengthening of strides & frame, balance, elasticity, energy of hindquarters. Transitions.
8	H	Collected trot	10	Regularity, engagement, suppleness, energy.
9	RL	Half pass right	10	Collection, balance, uniform bend, fluency, crossing of legs.
10	L	Half circle right 10m diameter to V	10	Quality of pace, bend, balance.
11	VS	Shoulder-in right	10	Balance, bend, constant angle, fluency
12	C	Collected walk	10	Regularity, suppleness of back, activity, shortening & heightening of the steps, self- carriage.
13	ME	Extended walk	10	Regularity, activity, suppleness over the back, over track, freedom of the shoulder, stretching to the bit.
14	E	Collected walk and turn left towards B	10	Regularity, suppleness of back, activity, shortening & heightening of the steps, self- carriage.
15	Between X & B	Half pirouette left	10	Collection, activity, size, flexion, bend, forward tendency.
16	Between X & E	Half pirouette right	10	Collection, activity, size, flexion, bend, forward tendency
17	XB	Collected walk and at B turn right	10	Regularity, suppleness of back, activity, shortening & heightening of the steps, self- carriage.
18	P PFAKV	Collected canter right Collected canter	10	Fluency, throughness, engagement Regularity, engagement, suppleness, energy.
19	VH	Medium canter	10	Regularity, lengthening of steps & frame, uphill tendency, straightness. Fluency, throughness, engagement of transitions.

20	H	Collected canter	10	Regularity, engagement, suppleness, energy.
21	M	Circle right 10m diameter	10	Quality of pace, bend, balance.
22	RL LA A	Half pass right On centre line Track right	10	Collection, balance, uniform bend, fluency.
23	KB	Change the rein with a flying change over L	10	Correctness, balance, fluency, uphill tendency, straightness of flying change.
24	BH	Change the rein with a flying change over l	10	Correctness, balance, fluency, uphill tendency, straightness of flying change.
25	MXK	Change the rein in extended canter	10	Regularity, lengthening of strides & frame, uphill tendency, straightness, transitions.
26	K	Collected canter and flying change	10	Correctness, balance, fluency, uphill tendency, straightness of flying change.
27	F	Circle left 10m diameter	10	Quality of pace, bend, balance.
28	PI IC C	Half pass left On centre line Track left	10	Collection, balance, uniform bend, fluency.
29	HB	Change the rein with a flying change over l	10	Correctness, balance, fluency, uphill tendency, straightness of flying change.
30	BK	Change the rein with a flying change over L	10	Correctness, balance, fluency, uphill tendency, straightness of flying change.
31	A X	Turn down centre line Halt, immobility, salute.	10	Straightness, balance of canter, the halt, transitions
		Leave the arena in a free walk on a long rein where appropriate		
32		Paces Freedom and regularity		10 x 2
33		Impulsion Desire to move forwards, elasticity of the steps, suppleness of the back and engagement of the hind quarters		10 x 2
34		Submission Attention and confidence, harmony, lightness and ease of movements, acceptance of the bridle and lightness of the forehand.		10 x 2
35		Rider's position and seat Correctness and effect of the aids.		10 x 2
		Total		390

All directives include the correctness of Pace, Rhythm, Suppleness, Contact, Impulsion, Straightness, Collection & Balance. Regularity covers the correct beat e.g. 4 time walk, 2 time trot, 3 time canter. Tempo is the speed of the rhythm.

© Published by British Dressage. All rights reserved. No part of this Publication to be reproduced stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior permission of British Dressage. www.britishdressage.co.uk (VER .1. 04/13)