

1	A	Enter in working trot and proceed down the centre line without halting	10	Straightness, contact, balance
	C	Track left		Regularity, tempo, freedom
2	E	Half circle left 10 metres diameter	10	Balance, bend, size, shape
	X	Half circle right 10 metres diameter		
3	BA	Working trot	10	Regularity, tempo, freedom
	A	Circle right 20 metres diameter and over X give and re-take the reins		Balance, bend, size, shape Clarity of release, balance
4	AK	Working trot	10	Regularity, tempo, freedom
	KXM	Change rein and show some medium trot strides		Regularity, lengthening of steps, swing through back, balance
5	C	Circle left 20 metres diameter and over X give and re-take reins	10	Balance, bend, size, shape Clarity of release, balance
	CH	Working trot		Regularity, tempo, freedom
6	HXF	Change the rein and show some medium trot strides	10	Regularity, lengthening of steps, swing through back, balance
	FA	Working trot		Regularity, tempo, freedom
7	A	Halt. Immobility for 4 seconds & proceed in medium walk	10	Balance, acceptance of halt
8	KXM	Change the rein in a free walk on a long rein	10 x 2	Regularity, purpose, relaxation, stretching forwards & down, ground cover, suppleness of whole body
9	MC	Medium walk	10	Regularity, purpose, relaxation, freedom
10	Between C & H	Working canter left	10	Fluency, balance, contact
11	HEKA	Working canter	10	Regularity, tempo, freedom
	A	Circle left 15 metres diameter		Balance, bend, size, shape
12	AF	Working canter	10	Regularity, tempo, freedom
	FXH	Change the rein and over X change the leg through trot		Fluency, balance of transitions, clarity of trot
	HC	Working canter		
13	C	Circle right 15 metres diameter	10	Balance, bend, size, shape
	CM	Working canter		Regularity, tempo, freedom
14	MF	Show some medium strides over B	10	Regularity, lengthening of steps, straightness, balance
	FAK	Working canter		Fluency, balance, contact
15	KXM	Change the rein and over X change the leg through trot	10	Fluency, balance of transitions, clarity of trot
	MCH	Working canter		Regularity, tempo, freedom
16	HK	Show some medium strides over E	10	Regularity, lengthening of steps, straightness, balance
	KA	Working trot		Fluency, balance, contact
17	A	Turn down the centre line	10	Straightness, fluency, balance of transition, acceptance of halt
	X	Halt. Immobility. Salute.		

Leave the arena in a free walk on a long rein where appropriate

Collective Marks

18	Paces Freedom and regularity	10 X 2
19	Impulsion Desire to move forwards, elasticity of the steps, suppleness of the back and engagement of the hind quarters	10 X 2
20	Submission Attention and confidence, harmony, lightness and ease of movements, acceptance of the bridle and lightness of the forehand	10 X 2
21	Rider's position and seat Correctness and effect of the aids	10 X 2
	Total Marks	260

All directives include the correctness of pace, rhythm, suppleness, contact, impulsion, straightness, collection & balance. Regularity covers the correct beat e.g. four time walk, two time trot, three time canter. Tempo is the speed of the rhythm.

© Published by British Dressage. All rights reserved. No part of this Publication to be reproduced stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior permission of British Dressage. www.britishdressage.co.uk (VER 2 05/16)